

EMBARCADERO Y FAMILY SWIM EVENT GUIDELINES

1. SWIM SESSIONS:

- a. Free lockers provided. Remember to bring a lock to lock up your valuables in the locker rooms.
- b. Enrollment for family swim sessions will be available at the Event Registration Table.
- c. The sessions available will include a Family Aqua Aerobics class, and two 30 minute open swim times.

2. AMENITIES:

- a. Large sized towels are provided at the front desk, 2 per guest.
- b. The front desk has adult and youth swim caps & goggles, as well as baby swim diapers available for purchase.
- c. There is a hot tub on the pool deck and a steam room and a dry sauna in the gendered locker rooms.
- d. All Gender restrooms, changing rooms and showers are available.

3. GETTING READY TO SWIM

- a. At the beginning of your swim session, all guests will be briefed by the Aquatics Coordinator on pool safety before entering the water.
- b. Guests may use the locker room of their choice which best aligns with their gender identity.
- c. Children over the age of 6 must use their gender's locker room or all genders changing room or restroom.
- d. We ask that all guests enter the pool deck from the locker rooms.
- e. All guests are required to shower before entering the pool deck. For the Halloween event, no face paint or body paint is allowed in the pool.
- f. Please ensure your child has used the restroom before entering the pool deck. We have to close the pool for 30 minutes if there are any accidents. Infants and toddlers who are not yet potty trained will need to wear a baby swim diaper.
- g. All guests must wear appropriate swim attire.
- h. Swim caps are not required to swim.
- i. Kids under 5 will be expected to have a parent/guardian with them in the water. Life Jackets are also provided if kids need it.
- j. Children under 13 must be supervised and accompanied by an adult at all times throughout the YMCA facility.