

Community: Feeling a meaningful connection to a group or people

Compassion: Feeling sympathy, care, or concern for others

Courage: Standing up in the face of fear and adversity

Effectiveness: Achieving benchmarks to accomplish goals and objectives

Equity: Being fair and free from bias

Family: Caring for and spending time with loved ones

Freedom: Having the ability to exercise choice and free will

Friendship: Experience close, ongoing relationships

Helping: Taking care of others and meeting their needs

Innovation: Finding new and creative ways of doing things

Integrity: Acting in alignment with your deeply held values

Justice: Pursuing what is fair and morally right

Leadership: Motivating others to work toward achieving a common purpose

Loyalty: Being devoted to a person, ideal, duty, or cause

Obligation: Committing to fulfill a duty or a promise

Opportunity: Having the chance to progress or advance

Personal Growth: Pursuing new skills and self-awareness

Pleasure: Seeking personal enjoyment

Power: Having the ability to affect change and achieve desired outcomes

Recognition: Being noted for our efforts

Responsibility: Voluntarily doing what is expected

Respect: of the beliefs, practices, or innate differences of others

Risk: Exploring the unknown by testing limits, being willing to fail

Spiritual Growth: Seeking connection to a higher purpose

Tradition: Valuing a practice, custom, or story passed down from generation to generation